



scottishathletics
SENIOR 4k CROSS COUNTRY
CHAMPIONSHIPS

Mens Race 1pm

Womens Race 1.30pm

BELLAHOUSTON PARK, GLASGOW

Sunday 28th January 2007



scottishathletics SENIOR 4k CHAMPIONSHIPS

BELLAHOUSTON PARK, GLASGOW

SUNDAY 28th JANUARY 2007

ACKNOWLEDGEMENT OF ENTRY

**Changing and Declarations at :-
Bellahouston Sports Centre,
Paisley Road West,
Glasgow**

RACE	RACE STARTS	DISTANCE
scottishathletics Senior Men 4k Champs & World Trial	1.00	4000 metres
scottishathletics Senior Women 4k Champs & World Trial	1.30	4000 metres

Please Note:- Declarations close 30 minutes prior to each event.

scottishathletics 4K Championships – Men
Sunday 28th January 2007 - 1pm

1	Frank	Boyne	VET	Aberdeen AAC	71	Murray	Strain	SEN	HBT
2	Colin	McAlpine	SEN	Bellahouston Road R	74	Jude	Boulton	SEN	Inverclyde AC
3	Dougie	MacGregor	VET	Bellahouston Road R	75	Gerard	Gaffney	VET	Inverclyde AC
4	Ken	Macmahon	SEN	Bellahouston Road R	77	Graeme	Hyett	SEN	Inverclyde AC
5	David	Bishop	U20	Bristol & West AC	78	Mark	Pollard	SEN	Inverclyde AC
6	Colin	Banks	SEN	Calderglen H	79	Robert	Shaw	VET	Inverclyde AC
7	Kenneth	Beattie	SEN	Calderglen H	73	John	Smillie	VET	Inverclyde AC
8	Malcolm	Buchanan	VET	Calderglen H	76	Iain	Fraser	VET	Irvine AC
9	Russell	Couper	VET	Calderglen H	80	David	Millar	SEN	Irvine AC
10	Alan	Cullie	SEN	Calderglen H	81	Brian	Craig	VET	Irvine AC
11	Kenneth	Davidson	SEN	Calderglen H	82	George	Irving	VET	Irvine AC
12	Alan	Derrick	VET	Calderglen H	83	John	Moore	VET	Irvine AC
13	Colin	Jarvie	VET	Calderglen H	84	Jim	Sneddon	VET	Irvine AC
14	Stuart	Gibson	SEN	Calderglen H	85	Derek	Hawkins	U20	Kilbarchan AAC
15	David	Herbertson	SEN	Calderglen H	86	Ian	Connell	SEN	J W Kilmarnock H&AC
16	Scot	Hill	SEN	Calderglen H	87	Scott	Martin	SEN	J W Kilmarnock H&AC
17	Jim	Holmes	SEN	Calderglen H	88	David	Mitchell	SEN	J W Kilmarnock H&AC
18	Graham	Lindsay	VET	Calderglen H	89	Leslie	McDermont	SEN	J W Kilmarnock H&AC
19	Gerard	Mullen	VET	Calderglen H	90	Edward	Tonner	SEN	J W Kilmarnock H&AC
20	Ian	Rae	VET	Calderglen H	91	Fraser	Williams	U20	Kilbarchan AAC
21	Edward	Reid	VET	Calderglen H	92	Alasdair	Anderson	VET	Lasswade AC
22	Charles	Steven	VET	Calderglen H	93	Barney	Phillips	SEN	Lasswade AC
23	George	Stewart	VET	Calderglen H	94	John	Newsom	SEN	Pitreavie AC
24	Duncan	McGougan	VET	Carnegie H	95	Gerard	Scullion	VET	Portobello Running Club
25	Simon	Plummer	SEN	Carnegie H	96	Brian	Campbell	SEN	Ron Hill Cambuslang H
26	Martin	Crawford	SEN	Central AC	97	Robert	Gilroy	SEN	Ron Hill Cambuslang H
27	Michael	Gillespie	U20	Central AC	98	Joseph	Kealey	SEN	Ron Hill Cambuslang H
28	Alastair	Hay	SEN	Central AC	99	Ian	Munro	SEN	Ron Hill Cambuslang H
29	Alex	Milne	VET	Central AC	100	John	MacNamara	SEN	Ron Hill Cambuslang H
30	Murray	MacLarty	U20	Central AC	101	Iain MacCorquodale	SEN	Ron Hill Cambuslang H	
31	Robert	Russell	SEN	Central AC	102	John	McPake	SEN	Ron Hill Cambuslang H
32	Michael	Wright	U20	Central AC	103	Michael	O'Hagan	SEN	Ron Hill Cambuslang H
33	Mark	Hughes	SEN	City of Bath AC	104	Iain	Reid	SEN	Ron Hill Cambuslang H
34	Roger	Alsop	VET	City of Edinburgh AC	105	Gary	Wallace	SEN	Ron Hill Cambuslang H
35	Graham	Beal	SEN	City of Edinburgh AC	106	Martin	Graham	SEN	Shettleston H
36	Matthew	Bell	SEN	City of Edinburgh AC	107	Paul	Sorrie	SEN	Shettleston H
37	Y	Colombet	SEN	City of Edinburgh AC	108	Andy	Little	VET	Shettleston H
38	Keith	Dunlop	SEN	City of Edinburgh AC	109	Stuart	Greenway	U20	Shettleston H
39	Martin	Ferguson	VET	City of Edinburgh AC	110	Kenneth	McCoy	SEN	Shettleston H
40	Darren	Gauson	SEN	City of Edinburgh AC	111	Ian	Johnston	SEN	Shettleston H
41	Kris	Gauson	U20	City of Edinburgh AC	112	Mark	McKelvie	U20	Shettleston H
42	J	Henderson	SEN	City of Edinburgh AC	113	Kevin	Law	SEN	Shettleston H
43	Mark	Johnston	SEN	City of Edinburgh AC	114	Gordon	Phillips	U20	Shettleston H
44	S	Kealey	SEN	City of Edinburgh AC	115	Stephen	Matthews	SEN	Shettleston H
45	Mark	Mitchell	U20	City of Edinburgh AC	116	Marc	McColl	SEN	Shettleston H
46	Stephen	Maniam	SEN	City of Edinburgh AC	117	William	Coyle	VET	Shettleston H
47	R	O'H	SEN	City of Edinburgh AC	118	Allan	Adams	SEN	Shettleston H
48	S	Thomson	SEN	City of Edinburgh AC	119	Matthew	Turner	U20	Shettleston H
49	Darren	Steel	U20	City of Edinburgh AC	120	Denis	Williams	VET	Shettleston H
50	Grant	Stewart	SEN	City of Edinburgh AC	121	Ian	McFarlane	SEN	Shettleston H
51	N	Thin	VET	City of Edinburgh AC	122	Adam	Lee	SEN	Shettleston H
52	Sean	Wilkinson	SEN	City of Edinburgh AC	123	Ryan	Montgomery	SEN	Shettleston H
53	Robert	Wiseman	SEN	City of Edinburgh AC	124	Brian	Mackie	SEN	Springburn H
54	Craig	Calderwood	SEN	City of Edinburgh AC	125	Damian	McAuley	VET	Springburn H
55	Mark	Collins	SEN	Clydesdale H	126	Ross	McEachern	VET	Springburn H
56	Douglas	Selman	U20	Clydesdale H	127	Andrew	Douglas	U20	Glasgow University AC
57	Grant	Baillie	SEN	Corstorphine AAC	128	Angus	McLachlan	SEN	Glasgow University AC
58	Gordon	Colvin	VET	East Kilbride AC	129	Kevin	O'Holleran	SEN	Glasgow University AC
59	David J.	Condra	VET	East Kilbride A.C.	130	John	Pearman	SEN	Glasgow University AC
60	Graeme	Haddow	VET	East Kilbride A.C.	131	Alan	Quigley	SEN	Glasgow University AC
61	Alan	Mitchell	SEN	East Kilbride A.C.	132	Rory	Scott	SEN	Glasgow University AC
62	Edgar	Ramage	VET	East Kilbride AC	133	David	Fotheringham	SEN	West Dunbartonshire
63	William	Taylor	VET	East Kilbride A.C.	134	Christopher	Watson	SEN	Victoria Park AAC
64	Iain	Clark	U20	East Kilbride A.C.	135	Derek	Watson Snr.	VET	Victoria Park AAC
65	Scott	Fraser	SEN	Edinburgh University AC	136	Chris	Upson	VET	Westerlands XC Club
66	Matthew	Sutherland	U20	Edinburgh University AC	137	David	Tamburini	SEN	Bellahouston Road R
67	Graham	Kane	VET	Edinburgh University AC		Marcos	Sanz Gomez	SEN	Bellahouston Road R
68	Christopher	MacKay	SEN	Greenock Glenpark H					

scottishathletics 4K Championships – Women
Sunday 28th January 2007 - 1.30pm

150	Pauline	Wright	SEN	Bellahouston Road R
151	Sarah	Dowling	SEN	Bellahouston Road R
152	Emma	Birnie	SEN	Bellahouston Road R
153	Helen	Palmer	SEN	Bellahouston Road R
154	Jo	Jeffries	SEN	Bellahouston Road R
155	Claire	Thompson	SEN	Bellahouston Road R
156	Louise	Brown	VET	Calderglen H
157	Mandy	Cullie	SEN	Calderglen H
158	Mary	Goldsmith	VET	Calderglen H
159	Frances	Maxwell	VET	Calderglen H
160	Hazel	Dean	VET	Central AC
161	Alison	Docherty	SEN	Central AC
162	Morag	Maclarty	SEN	Central AC
163	Ainsley	Normand	SEN	Central AC
164	Sarah-J	Pickett	SEN	Central AC
165	Emma	Waterhouse	SEN	Central AC
166	Sarah	Balancier	SEN	City of Edinburgh AC
167	Marietta van der Linden		SEN	City of Edinburgh AC
168	Stephanie	Lyll	U20	City of Edinburgh AC
169	Debra	Murray	SEN	City of Edinburgh AC
170	Faye	McManus	SEN	City of Edinburgh AC
171	Sharyn	Ramage	VET	City of Edinburgh AC
172	Kirsty	Baird	SEN	City Of Glasgow AC
173	Collette	Fagan	SEN	City Of Glasgow AC
174	Susan	Finch	VET	City Of Glasgow AC
175	Claire	McCracken	SEN	City Of Glasgow AC
176	Lindsay	MacNeill	SEN	City Of Glasgow AC
177	Helen	Sweeney	SEN	City Of Glasgow AC
178	Jacqueline	Thomson	VET	City Of Glasgow AC
179	Joanne	McEvoy	SEN	East Kilbride AC
180	Kelly	Smith	SEN	East Kilbride AC
181	Vicky	Frew	SEN	Edinburgh Southern H
182	Sarah	Hood	SEN	Edinburgh Southern H
183	Jennifer	Barker	SEN	Edinburgh Univ H & H
184	Rowena	Bell-Scott	U20	Edinburgh Univ H & H
185	Jessica VanBinsbergen		SEN	Edinburgh Univ H & H
186	Victoria	Clegg	SEN	Edinburgh Univ H & H
187	Miranda	Wilson	SEN	Edinburgh Univ H & H
188	Kate	Jenkins	SEN	Gala H
189	Ruth	Joss	U20	Giffnock North AAC
190	Eleanor	Kane	VET	Greenock Glenpark H
191	Michelle	Hetherington	VET	Helensburgh AAC
192	Elspeth	Curran	SEN	Kilbarchan AAC
193	Lynsey	Curran	SEN	Kilbarchan AAC
194	Kerry	Lang	SEN	Kilbarchan AAC
195	Cara	Sloss	U20	Kilbarchan AAC
196	Allison	Simpson	SEN	J W Kilmarnock H&AC
197	Margaret	Imlah	VET	Lasswade AC
198	Lorna	Rice	SEN	Lasswade AC
199	Louise	Crilly	U20	Livingston & D AAC
200	Yvonne	Crilly	VET	Livingston & D AAC
201	Lesley	Chisholm	SEN	Springburn H
202	Frances	Florence	VET	Springburn H
203	Clare	Gemmell	SEN	Springburn H
204	Michelle	Sandison	SEN	Springburn H
205	Fiona	Brooks	SEN	Glasgow Univ H and H
206	Ann	Sillars	SEN	Glasgow Univ H and H
207	Catriona	Morrison	SEN	Unattached